

This is to certify that

**Stephen Luke**

has successfully completed the course

**Emergency First Aid At Work**

**with the British Red Cross**

Training has been delivered in accordance with currently accepted first aid practice. Certificate issued for the purpose of the Health and Safety (first aid) Regulations (1981) and Health and Safety (first aid) (amendment) Regulations (Northern Ireland) 2017.



**Mike Adamson**  
Chief Executive

<b>Valid from:</b>	12 May 2023
<b>Valid to:</b>	11 May 2026
Certificate No:	E0932135

**The power  
of kindness**

**Name:** Stephen Luke

**Course:** Emergency First Aid At Work

**Duration:** 1 day(s)

## Course Content

- Dealing with an emergency (Assessing a casualty, monitoring a casualty, Where to get help, electrical incidents.)
- Shock (Shock and internal bleeding).
- Burns (Burns, electrical burns, chemical burns, chemical burns to the eyes).
- Seizures.
- Unresponsive and not breathing adult (Unresponsive not breathing adult, face shields and pocket masks, mouth to nose).
- AED (Use of an AED, chain of survival)
- Choking adult.
- Accident recording, reporting and COSHH (Health and safety first aid regulations, First aid kits, accident records, RIDDOR and COSHH).
- Hygiene techniques.
- Bleeding and wounds - (Bleeding heavily from a wound {Limb, embedded object in a wound} small blisters and splinters, small bruises and wounds, nosebleed).